



THE SACRAMENT OF GOD'S FORGIVENESS



Color the pictures and read each section to learn more about the Sacrament of God's forgiveness. We know that through this sacrament we receive God's grace to help keep our souls free from sin and to help us love Jesus more.



CONTRITION

Action of the Penitent

Sometimes we disobey God and sin. God loves us and knows when we are truly sorry. Contrition means we are sorry for our sins because we love God, who is all-good. We say "I'm sorry," and we want to make things right again. When God said to His Apostles, "Whose sins you shall forgive, they are forgiven" He was giving us a way to be reconciled to God.

Action of God

God gives the power, through the Holy Spirit, to all bishops and priest of the Catholic Church. Christ alone absolves, or washes away, sins.



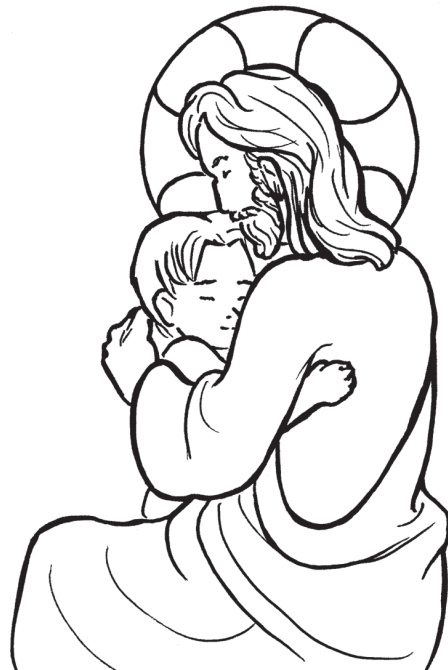
CONFESSION OF SIN

Action of the Penitent

Once we feel sorrow for our sins the next step is confessing our sins to a priest. All mortal sins must be confessed to a priest before you can receive the Eucharist again.

Action of God

When the priest says the words of absolution, God takes away the sins and they are gone forever.



SATISFACTION

Action of the Penitent

Making satisfaction for sin is called penance. When our sins have been forgiven, sometimes the effects of those sins stay with us. Penance helps us to be more like Jesus and to not sin again.

Action of God

The priest will give us Penance for our sins. We must say these prayers with great love for Jesus and ask Him to help us not sin again. The priest will also pray for us.